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Sarasota Military Academy Lacrosse becomes an IL Affiliate Program

October 22nd, 2009 by Sean Burns

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The Sarasota Military Academy Lacrosse program made an educational commitment and invested in its players. Partnering with Inside Lacrosse as an official affiliate program each cadet receives a one year subscription to INSIDE LACROSSE. *Making better lacrosse players....INSIDE LACROSSE and SMA Lacrosse!

ABOUT THE SARASOTA MILITARY ACADEMY

The Sarasota Military Academy Lacrosse program enters its fifth season of competition. The team was founded in 2005 by then sophomore cadet Matthew Cowles, (now a midshipmen and playing at the United States Merchant Marine Academy). Coached by Scott Kallins, since it's inception, the program has grown from 14 players with no experience to a team of 50+ players with both a JV and Varsity schedule, and has consistently been in the WFLC Championship game each year since that inaugural winless season. Coach Kallins consistently reminds all that "anything worth attaining is worthy of and requires a great deal of hard work, discipline, and sacrifice".

The Sarasota Military Academy is an JROTC based Florida chartered public high school of approximately 650 male and female cadets. A college preparatory school, SMA is free of charge and the only Five Star high school in Sarasota and the first and only public high school to have 100% of its students drug tested (a student led initiative). Each cadet is issued Army Class B uniforms that are worn each day. High academic standards, patriotism, respect for the flag and military veterans, an understanding of civics and how American democracy functions, community service, leadership training and detail to personal appearance were to become the hallmarks of its success. The school is designed for students who seek order and respect in the classroom, a challenging curriculum, and the opportunity to prepare them for college and a rewarding and successful career. 90% of its students graduate with over 92% of those entering college.

The school has received numerous awards and accreditations, including the coveted US Army's JROTC Honor Unit with Distinction.

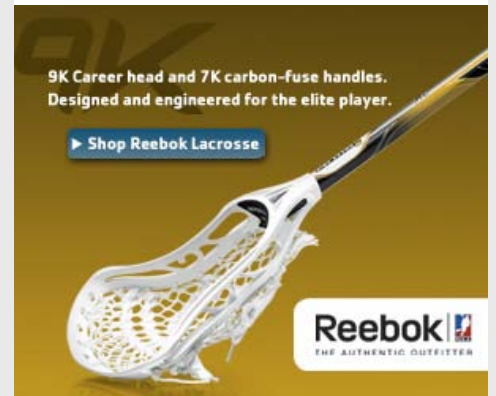
We believe athletics and especially lacrosse to be a great fit for our military based school.

The SMA Lacrosse program was the first varsity program in its area and have made its leadership and community service roles a priority, some of it's many accomplishments have been; Sending sticks and balls to our troops stationed in Iraq Conducting annual "Give Blood , Play Lax" blood drives Hosting numerous youth clinics Invested in US Lax PE curriculum and 48 soft sticks to teach at local elementary and middle schools First to insist on AED's at the field Donated 80 complete sets of gear to a 50 year old youth athletic program serving minority children Sponsored families who need financial assistance

Coach Kallins established an annual award that highlights what the SMA Lacrosse program stands for and the image we seek to project.

The Eagle Award is awarded annually to the SMA Lacrosse Player who displays best the qualities of Outstanding Lacrosse Player, Exceptional Cadet and Loyal Team mate. This is SMA Lacrosse.

COACH SCOTT KALLINS



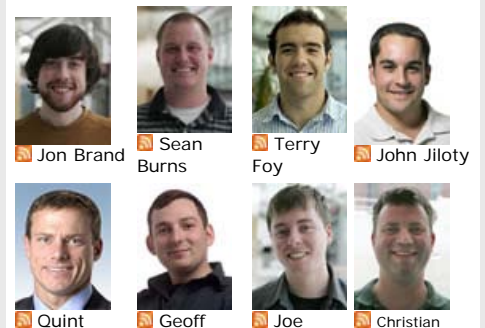
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[Email Scott Kallins](#)

SMA Lacrosse Head Coach and co-founder Attny. Scott Kallins . Partner Kallins, Little, Delgado Attorneys at Law. Born in Baltimore Maryland Coach Kallins graduated from McDonogh School and attended and graduated from Western Maryland College (McDaniel College) achieving scholastic and athletic honors. Mr Kallins has served as;

- SMA Lacrosse Coach 2006 - present
- Lakewood Ranch co-founder 2004
- SMA School Advisory Council 2008
- Manatee YMCA Board Chair 2003- 2007 and been a board member since 1997
- City of Bradenton Merit Board 1998- 2006
- Ringling Redskin Board 2008
- Kallins, Little , Delgado Scholarship co-founder 2006- present

COACH KEN COWLES

[Email Coach Ken Cowles](#)

SMA Lacrosse Administrator and co-founder Ken Cowles
 Broker/Owner Realty Services Inc.
 Born in Massena, NY Coach Cowles grew up in Buffalo NY as a hockey player and became exposed to the game of lacrosse at summer hockey camps in Ontario Canada. Graduating Clarion State College, Clarion PA he moved to Sarasota FL and began his real estate career. Along with real estate brokerage Cowles is owner of Gators R Us, an alligator business. Upon the prompting of son Matthew and 2008 SMA graduate Cowles began the process of developing the SMA Lacrosse program. In addition to his passion for the sport of lacrosse he enjoys sharing his love of barefoot waterskiing. Mr. Cowles has served as;

- SMA Lacrosse Administrator 2006 to present
- SMA School Advisory Council, Chair 2006-2007, member 2004 to present.
- Sarasota YMCA Babe Weiler Branch Board member 1998 to present
- Ringling Redskin Board 2008 Suncoast Ski Ranch Board 2002 to present
- US Lacrosse Florida Gulfcoast Chapter, Board Member, 2007 to present.

For information about how to make your team or league an official IL Affiliate program, contact Director of Sales Jeff Dudley at JDudley@insidelacrosse.com

***Sean Burns** is Inside Lacrosse's Online Manager. You can follow him on Twitter at [SeanTyroneBurns](#). You can keep up with everything IL at [Twitter.com/Inside_Lacrosse](#) and [Facebook.com/InsideLacrosse](#).*

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2 Responses to "Sarasota Military Academy Lacrosse becomes an IL Affiliate Program"

By **John Espey** on **Oct 23, 2009** | [Reply](#)

Matt, a 2008 SMA grad has did a great job in his first year at the U.S. Merchant Marine Academy. Kings Point, LI, NY. He plays both attack and midfield and contributed greatly to last year's successful season, helping the Mariners attain another NCAA Division III Playoff appearance!

By **John Espey** on **Oct 23, 2009** | [Reply](#)

Correction - Matt did a great job

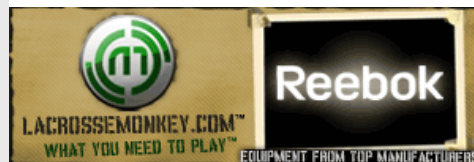
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- Outer Banks, NC
- Poconos, PA
- South Padre Island, TX
- Virginia Beach, VA

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Equipment: Brine announces partnership with HEADstrong Foundation on custom equipment

Men's Lacrosse: Murphy, Campbell lead West to win at Turfer, NEILA East-West All-Star Game

Men's Lacrosse: Jeff Long to be inducted into National Lacrosse Hall of Fame

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